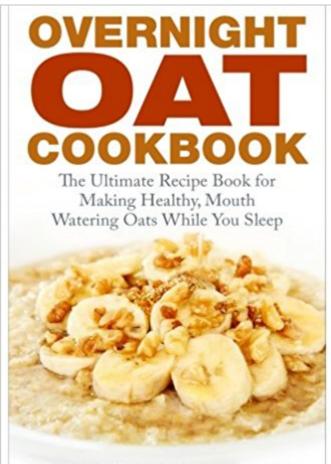


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Overnight Oat Cookbook: The Ultimate Recipe Book For Making Healthy, Mouth Watering Oats While You Sleep



CHRISTOPHER BECNEL



Synopsis

Overnight oats are the perfect solution for busy people who would like a hearty breakfast in the morning but just don \tilde{A} ¢ $\hat{a} \neg \hat{a}_{,,}$ ¢t have time to make one. The great thing about overnight oats is that you can just stay up a few minutes later at night and have a delicious breakfast to wake up to in the morning! These oats soak in a liquid of your choice overnight and can be eaten hot or cold in the morning. There are so many flavor combinations you \tilde{A} ¢ $\hat{a} \neg \hat{a}_{,,}$ ¢ll never get sick of having them in your refrigerator!

Book Information

Paperback: 28 pages Publisher: CreateSpace Independent Publishing Platform (March 17, 2015) Language: English ISBN-10: 1508907862 ISBN-13: 978-1508907862 Product Dimensions: 6 x 0.1 x 9 inches Shipping Weight: 3.2 ounces (View shipping rates and policies) Average Customer Review: 3.8 out of 5 stars 3 customer reviews Best Sellers Rank: #613,389 in Books (See Top 100 in Books) #214 inà Â Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Breakfast

Customer Reviews

Very interesting

small pamphlet, not a book. Not worth the money.

This book has some really great recipes in it that I am sure you will enjoy as much as I do. Thank you and enjoy your meal and your day.

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